



The Launch Pad Teen Center's Women's Empowerment Breakthrough Conference April 3rd-5th, 2020

The Women's Empowerment Breakthrough Conference, a project of The Launch Pad Teen Center, is a three-day leadership retreat for teenage girls, ages 12-18. The conference is held at Mingus Spring Camp on Mingus Mountain. Transportation will be provided on Friday afternoon, leaving from The Launch Pad Teen Center.

Non-Discriminatory Policy:

Women's Empowerment Breakthrough does not discriminate on the basis of race, religion, national and/or ethnic origin, marital status, sexual orientation, body type, physical ability, gender expression, or other individual identities in the admin of any of its programs, admissions policies, scholarships, and other conference-related polices and programs, as well as volunteer policies and activities. The conference is open to and welcomes anyone that identifies as a young woman, ages 12-18.

Cabin Policy:

If you are signing up with friends and would like to stay in the same cabin, please get your registration form in ASAP with a list of girls you would like to room with indicated on the form in the sections titles "Cabin Assignments" below.

Scholarship Policy:

The Launch Pad Teen Center will fundraise in order to provide scholarships for any participant who needs one. We are able to do this through generous donations of our community and through many rigorous fundraising efforts.

Unlike many organizations, The Launch Pad does not require you to provide proof of financial need in order to qualify for a scholarship. We trust that our participants will accurately reflect their financial situation in their requested scholarship, taking into account that The Launch Pad will have to fundraise the difference. However, The Launch Pad encourages participants to give what they can afford, even if it is a very small contribution. Giving even a small contribution increases participant's ownership and investment in the conference.

Donations:

The actual cost of the WEB Conference is much more than what we charge our participants. With the economic situation in the U.S. we have had more and more girls requesting scholarships. If you are able to give more than the requested tuition for your child to attend WEB this year, we will use the additional money that you send to help provide a scholarship for a teenage girl less fortunate that would like to attend the conference. All contributions above the WEB tuition are greatly appreciated and tax-deductible.

Women's Empowerment Breakthrough Registration Form

REGISTRATION DEADLINE: March 27th, 2020

Please have your registration form postmarked NO LATER THAN March 27th. If it is not possible for you to mail your registration form by this date please call Laura at 928-227-0758.

Please note that registration is FIRST COME FIRST SERVE. We will put you on a waiting list and refund your payment if registration is full when you apply.

WEB Conference Tuition

WEB Conference Weekend Rate: \$125

Please check which option applies:

We have enclosed the full tuition rate (\$125) in the form of cash/check (circle one) Please make checks payable to "The Launch Pad Teen Center"

We have made an additional contribution to WEB of \$_____ and would like a tax-deductible receipt.

We are requesting a partial scholarship*

*Please read The Launch Pad's Scholarship policy on the previous page.

Participant Information

First and Last Name: _____

Preferred Name or Nickname: _____

School: _____

Grade: _____

Age: _____

Participant Phone Number: _____

Participant Email: _____

Parent/ Legal Guardian Information

First and Last Name(s): _____

Phone Number(s): _____

Email(s): _____

Address: _____

City, State, Zip: _____

In the event of an Emergency

In the event of an emergency, WEB staff will FIRST contact the parent(s) or legal guardian(s) listed above. If unavailable, staff will then call the emergency contact.

Emergency Contact

First and Last Name: _____

Phone Number: _____

Health Insurance

Is the participant covered under a health insurance policy? NO___ YES___

If yes, please provide us with the name of insurance company and policy number:

Insurance Company: _____

Policy Number: _____

Medical Information

1) Do you have any limiting physical conditions (temporary or permanent) or injuries that may impact your experience at WEB? Yes___ No___

If yes, please explain the condition(s), activity it could impact, and any limitations or special accommodations needed: _____

2) Do you have any chronic conditions or illnesses? (Asthma, epilepsy, diabetes)

3) Are you currently taking any medication (prescribed or otherwise, e.g. cold medicine)? Yes___ No___

If yes, please complete the table below for all meds the participant is currently taking. For the safety of everyone at the conference, medications will be collected by the conference nurse at the beginning of the weekend and will be administered exactly as described below.

Medication:	Frequency (once a day, as needed, etc):	Time of day administered:	Exact Dosage:	Condition this treats:

4) Do you have any allergies or reactions to medications, foods, or other?

___ No ___ Yes. If yes, please identify and explain reaction: _____

5) Are you allergic to bee stings? Yes ___ No ___ Never been stung ___

If yes, do you carry an epipen? _____

6) Mental Health

Disclosing mental health information can be sensitive and therefore is optional, but if you feel that your weekend could be impacted, we encourage you to disclose. The Launch Pad staff are trained professionals and any information disclosed will remain confidential. Depending on the severity disclosed a staff member might contact you directly in order to insure we provide proper support and facilitate the best possible care. Staff may also use this information to help connect you to appropriate WEB adult cabin counselors.

Do you have any diagnosable mental health conditions (i.e. anxiety disorders, depression, eating disorders, self-harm, etc.) that may impact your time at WEB?*

Yes ___ No ___

If yes, please explain in detail (attach separate sheet, if needed). Please explain any routine, healthy coping strategy, etc. that the staff could help facilitate in order to make your weekend at WEB a success.

7) Dietary Needs

WEB Staff does its best to accommodate dietary restrictions however *we will NOT be able to accommodate vegan diets* do to our limited budget. We will contact you and work with you on a one-on-one basis to coordinate food, if need be. If you have any questions please email Laura: laura@thelaunchpadteencenter.org

**** IF YOU DO NOT MARK THAT YOU ARE A VEGETARIAN YOU WILL NOT BE PROVIDED WITH A VEGETARIAN MEAL OPTION.****

Are you vegetarian? No____ Yes____

Do you have any food allergies or special dietary restrictions? No____ Yes____

If yes, please explain diet/allergies in detail:

Participant T-Shirt Size

Youth: X-Small Small Medium Large

Adult: Small Medium Large X-Large 2XL

Cabin Assignments

Upon request you may room with your peers, please list their names below. *We cannot guarantee this as it is first come first serve basis.* If you would like to room with your friends, be sure to get your registration in early and we will do our very best to accommodate. _____

Girl Power

Please list the name and artist of the song that empowers you the most:

WEB's Cancellation and Refund Policy

Anytime prior to week before the conference: Participants will receive a partial refund (a \$30 processing fee will be applied) or a full tax credit donation.

Week prior up to 48 hours: 50% refund or a 75% Donation Credit.

Within 48 hours of the start of the conference: No refunds.

In the case of medical or family emergencies, we will review on a case-by-case basis.

The information documented on this form is complete and accurate to the best of my knowledge. Furthermore, I agree to bring any and all medical issues, injuries, illness or concerns to the attention of the staff before participating in any activity, trip, or experience.

Name of Parent or Legal Guardian: _____

Signature: _____

Date: _____

PERMISSION TO ADMINISTER FIRST AID AND EMERGENCY MEDICAL TREATMENT:

As with any activity, I am aware that certain risks of injury may exist. Should an injury occur, I grant permission for program staff to administer basic first aid and/or seek necessary emergency treatment by licensed or certified medical personnel at the nearest medical facility for the above listed participant.

Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Photo Release Form

Over the course of your WEB experience, photographs documenting your trip will be taken. I hereby permit WEB the right to photograph my likeness and use those images in future presentations and publications including but not limited to admissions, marketing and WEB materials. Photos may be used in print media.

Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Please mail or drop off this signed and completed registration form and payment to The Launch Pad Teen Center 302 Grove Ave. Prescott, AZ 86301.

- We will notify you when we receive your registration form.
- Please watch your email for updates about transportation. We will leave on Friday, April 3rd from The Launch Pad and we will return to The Launch Pad on Sunday, April 5th around 1:00-2:00pm (exact times will be solidified closer to the date via email).
- Please expect a phone call from a Launch Pad staff member in the week before the conference to check in about supplies, needs, questions, etc.
- If you have any questions please call Laura at The Launch Pad Teen Center at 928-227-0758 or email laura@thelaunchpadteencenter.org

Please DETACH the following page for your reference.

(DETACH AND KEEP THIS PAGE, you will need it to pack!)

What to Bring to WEB

- Outdoor Clothing- Jeans, shorts, and shirts (long-sleeved and short-sleeved).
- Be prepared to dress in layers depending on upon the weather
- CLOSEDTOED SHOES like tennis shoes (their will be lots of walking)
- Jackets/sweatshirts/coats
- Rain gear or poncho
- Warm pajamas
- Towel, washcloth, and toiletries with some kind of container to keep them in so you can easily tote them to the shower house. We also suggest sandals if you plan to shower!
- Pads or tampons, if needed
- WARM sleeping bag and pillow (we will be in bunk beds). The cabins have limited heating ability and it will get very cold at night.
- Camera
- Bug spray (very rarely needed)
- Water bottle with your name on it
- Snack items in a mouse proof container
- Flashlight or headlamp with extra batteries
- Any instruments you would like to play at the camp fire or perform in the talent show
- Nail polish, small card games, or anything else you would like to share with your cabin.

What NOT to Bring to WEB

- There are no drug, alcohol or cigarettes allowed to WEB. If you bring any of these things you will be sent home early.
- We encourage girls to just be themselves at WEB. There are showers at camp, but many girls choose not to shower for the weekend. Many girls and adult staff members choose to take this weekend to feel free of makeup, hair products, etc. This is everyone's personal choice and if you feel like leaving those things at home, you are encouraged to do so!
- Please do not bring a cell phone. There is little to no service at camp. The staff will have access to a phone in order to contact parents if need be. We encourage girls not to bring their cell phones, if we find that a participant is texting or trying to make phone calls and it is distracting them from participating in the conference, we will take the phone away for the weekend. This is your time to connect with yourself, nature, and your friends at the conference. Believe it or not, it can be a really nice treat to go "off the grid".

NOTE: The camp has its own generator that is turned off when the group has completed its evening activities. The generator is turned on again before breakfast.